

My Commitment to Peace

I, _____, am willing to give up the ego driven struggle, stress, drama, and sacrifice in my life. I believe that peace is always available, and I choose to turn toward that immense ongoing reality. I understand that my Higher Self assists me in letting go of my ego and supports me in choosing and living in peace, with myself and others. I join the River of Life in this instant and continue to choose peace until I naturally let go into the ongoing of life and no longer need to choose. I am currently nurtured by a power that is much more powerful than my egoic mind, and I choose to serve this power in my thoughts and in my dealings with others. I am an instrument of peace. So Be it.

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